



Le Sueur County, MN

Tuesday, September 1, 2015

Board Meeting

Item 6

10:30 am Cindy Shaughnessy (1 hour) Public Health 2014 Annual Agency Evaluation

Staff Contact:



LE SUEUR COUNTY PUBLIC HEALTH

Public Health
Prevent. Promote. Protect.

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August 26, 2015

Le Sueur County Board of Commissioners
88 South Park Avenue
Le Center, MN 56057

Dear Commissioner,

I will be at the September 1, 2015 Board meeting, along with the Public Health program supervisors and coordinators, to present the 2014 Annual Public Health Agency Evaluation. This presentation reviews all public health programs/activities and includes:

Administration and Budget
Home Health Care program
Waivered Services program
Family Health programs
WIC (Women, Infants & Children)
PHEP/CRI and SHIP
Community Health program

Cindy Shaughnessy, RN, PHN, Director
Darlene Tuma, RN, PHN, Adult Health Supervisor
Darlene Tuma, RN, PHN, Adult Health Supervisor
Elisa O'Malley, RN, PHN, Family Health Supervisor
Megan Wiyninger, RN, PHN, WIC Coordinator
Sarah Berry, Community Health Specialist (shared staff)
Andrew Nicolin, Environmental Health Specialist

The evaluation is a review of how Public Health accomplishes the six *Essential Local Activities* required of all Public Health agencies in Minnesota. These include:

- 1) Assure an adequate local public health infrastructure
- 2) Promote healthy behaviors and healthy communities
- 3) Prevent the spread of infectious disease
- 4) Protect against environmental health hazards
- 5) Prepare for and respond to disasters, and assist communities in recovery
- 6) Assure the quality and accessibility of health services

Attached is the handout *2014 Annual Report* which captures the data elements of the presentation. We look forward to meeting with you on Tuesday.

Sincerely,

Cindy Shaughnessy
Director

Enclosure

LE SUEUR COUNTY PUBLIC HEALTH

2014 ANNUAL REPORT

DISEASE PREVENTION AND CONTROL

Disease Investigation: Public Health works together with the Minnesota Department of Health (MDH) and doctors to prevent the spread of a variety of diseases in the community. Public Health screens high-risk populations in the county, including county jail inmates, for tuberculosis and provides DOT Direct Observation Therapy to individuals diagnosed with active TB.

- 74 mantoux tests were given in 2014
- 90 reportable Infectious Diseases were reported in 2014 (3 more than reported in 2013)
Chlamydia was the highest at 37 cases. Chlamydia cases in 2013 = 47
- 0 residents received LTBI (Latent Tuberculosis Infection) monitoring from Public Health in 2014
- 1 resident received DOT (Direct Observation Therapy) for active TB in 2014

Immunizations: Public Health offers low-cost immunization clinics on the first Monday of each month supported by the MDH Vaccine for Children Program. Influenza vaccinations are also given every fall.

- 154 Immunizations were given in 2014
- 671 Flu Shots were given in 2014

Immunization Registry: Le Sueur County participates in a Joint Powers Agreement with 5 other counties for Immtrack, a regional immunization registry. The immunization rate for Le Sueur County kindergarten students ranges from 94.75 – 97.70% for DTaP, Polio, MMR, Hepatitis B and Varicella for 2014-2015. Public Health has an Immunization Practices Improvement (IPI) contract with MDH to provide consultation to clinics re: vaccine storage, handling and administration practices.

- 6,744 children ages 0-18 had at least two immunizations entered in the registry in 2014

COMMUNITY HEALTH

Delegation Agreement: Le Sueur County is fully delegated by the Minnesota Department of Health (MDH) to license, regulate and inspect all Food, Beverage and Lodging (FBL) facilities, including Recreational Camping Areas (RCA), Manufactured Home Parks (MHP), Youth Camps, wells and swimming pools.

- 100 FBL establishments, 25 MHP/RCA, 10 pools & 3 Youth Camps licensed in Le Sueur County
- 141 total inspections were completed in 2014
- 27 non-community water facilities; 39 well construction permits issued; 31 well sealing permits issued

Public Health Nuisance Complaints: Public Health receives health-related complaints with the three most frequent complaints in 2014 being 1) mold 2) garbage house (unclean houses) and 3) hoarding. Public Health often works in a "consultant" role on environmental and cleanliness issues trying to work out a satisfactory solution to the problem or making referrals to appropriate resources.

PUBLIC HEALTH EMERGENCY PREPAREDNESS (PHEP) & CITIES READINESS INITIATIVE (CRI)

Health Alert Network (HAN): In partnership with MDH, Public Health has a system in place for fast, efficient and reliable communication when a disease or event threatens the health of Minnesotans. Public Health activates the local Health Alert Network (HAN) and passes the information on to hospitals, clinics, emergency management and others.

- 19 messages were sent to our partners in 2014

Disaster Preparedness: Public Health has partnered with hospitals, clinics and emergency management to plan and conduct local and regional drills and exercises with an all hazards approach.

- 3 exercises (including 3 CRI drills) and 12 training events were completed in 2014

WAIVERED SERVICES PROGRAM

Case Management: Public Health is the lead agency for the following waivers: AC (Alternative Care), EW (Elderly Waiver), CADI (Community Alternatives for Disabled Individuals), CAC (Community Alternative Care) and BI (Brain Injury) waivers. Public Health Nurses provide case management services for persons enrolled in these programs in order to determine the most appropriate and cost effective home and community based service plan to keep them in the community.

- Annual CCB aggregate funding for CADI, CAC & BI waivers for FY2014 was \$3,671,243
- AC Base and Targeted funding for FY2014 was \$74,542
- 256 Le Sueur County residents were enrolled in a waived services program in 2014

Care Coordination for Health Plans: Public Health has contracts with Blue Plus and UCare (the county's managed care plans) to provide care coordination services to their members enrolled in MSHO (Minnesota Senior Health Options) and MSC+ (Minnesota Senior Care Plus).

- 260 Le Sueur County residents received health plan care coordination services in 2014 (125 were on both a health plan and a waiver program)

Assessments: Long Term Care Consultations (LTCC) and MnCHOICES (new online assessment tool) - Nurses complete LTCCs or MnCHOICES to assess the client's needs, determine the best plan for meeting those needs and make recommendations to the client and family re: remaining in the community or entering a facility. Preadmission Screenings are completed on all residents needing admission to a nursing home. Effective October 1, 2013, the Area Agency on Aging took over the PAS phone screens statewide. Case managers continue to do the face to face screenings.

- 128 Initial Assessments were completed in 2014
- 290 Reassessments were completed in 2014

Personal Care Assistant (PCA) Assessments: Public Health Nurses complete a PCA assessment to determine the level of care and number of hours of service for persons on Medical Assistance requesting PCA services.

- 44 PCA Assessments were completed in 2014

Total served: A total of 435 residents were served by this team in 2014

- 930 assessment / reassessments / case management visits were made in 2014
- 7,451 indirect case management contacts were made in 2014
- Average caseload per nurse case manager was 45 clients in 2014

HOME HEALTH CARE PROGRAM

Skilled Nursing: Public Health is certified by Medicare and licensed by the state of Minnesota to provide home health care services. Services are provided to the elderly, sick and disabled who are in need of nursing care in their homes. Providing care at home can delay costly nursing home placement.

- Registered Nurses made 2,637 visits with a monthly average of 220 visits in 2014
- 99 patients were served
- 91% of the visits were Skilled
- 9% of the visits were Maintenance/Supervisory

Therapy Services: Public Health contracts to provide Physical Therapy, Occupational Therapy and Speech Therapy services to homebound patients needing therapy under the Medicare program.

- 45 Physical Therapy visits were made in 2014
- 26 Occupational Therapy visits were made in 2014
- 0 Speech Therapy visits were made in 2014

Home Health Aide Services: Home Health Aides are an important component of the home care program assisting patients with personal cares such as bathing, shampoo, exercises and meals.

- Home Health Aides made 4,132 visits in 2014
- Average length of direct time per patient visit was 1.33 hours

Homemaker Services: Homemakers are also an important part of the home care program. Homemakers assist patients with housecleaning, laundry and grocery shopping.

- Homemakers made 1,648 visits in 2014
- Average length of direct time per patient visit was 2.11 hours

FAMILY HEALTH PROGRAMS

Prenatal and Postpartum Visits: Public Health Nurses visit high risk pregnant women and pregnant teens to provide education on pregnancy, nutrition, labor, and/or infant care. Referrals are obtained through WIC, local physicians, schools, and others.

- 6 women received prenatal visits in 2014
- 3 women received postpartum visits for breastfeeding and infant care education in 2014

Family Home Visiting: Federal funding through the TANF (Temporary Assistance for Needy Families) grant provides home visits to a target population of teen/minor parents and first time, low income parents. Education and support for parents is provided utilizing a variety of resources.

- 75 home or office visits were provided to 103 clients/families in 2014

Family Planning Program: During 2014 no new clients were enrolled with the goal of transitioning clients to other providers (due to decreased federal funding through the Maternal Child Health Block grant). This program provided income eligible women with resources for family planning services including a physical exam, Pap smear and family planning methods prescribed by a physician.

- 7 women participated in 2014
- Total program cost was \$1,254 or an average of \$179 per person
- 22 pregnancy tests were done in 2014

Follow Along Program: All parents are offered participation in this program that tracks their child's development and provides age appropriate educational materials.

- 306 children were enrolled in 2014

Car Seat Program: Nurses trained in car seat safety are available to provide accurate information and proper installation of child car seats. UCare provides Public Health with car seats to distribute to members and Public Health received a grant from the Department of Public Safety for car seats for low income families.

- 85 hours of car seat education was provided in 2014
- 65 UCare families received car seats in 2014
- 8 families received car seats from the Child Passenger Safety Grant in 2014

SIDS Follow-up

- There were no SIDS deaths in Le Sueur County in 2014

Family Health Nurses made 191 home or office visits to 92 clients in 2014

WIC (Women, Infants and Children) Program: Funded by the USDA, WIC provides nutrition education and specific foods to pregnant and breastfeeding women, infants, and children to age five. Based on a health assessment, specific food prescriptions are given to improve and maintain health.

- Participation levels for 2014 averaged 501 per month with a high of 533 in October 2014
- Total number of women, children and infants served was 801 (232 women & 569 infants and children)
- Total dollar value of WIC vouchers issued for 2014 was \$356,450 with a monthly average of \$29,704

Child & Teen Checkup (C&TC) Program: Public Health receives federal funding to provide the outreach for this program. Families with C&TC eligible children (those on Medical Assistance) are contacted by phone, home visit or by mail when their children are due for the screening with their medical provider. The screenings promote physical and developmental health and early detection of problems.

- 856 informational contacts were made to 2,176 C&TC eligible children in 2014

HEALTH PROMOTION PROGRAMS

School Health: Public Health provides consultation services to school nurses in Le Sueur County and assists with each school's Hearing and Vision Screening program. Public Health also has contracts with three of the schools to provide services during Early Childhood Screening. Nurses are also available for presentations to students such as Senior Health Day for 12th graders, Puberty & Hygiene talks for 4-6th graders, and hand washing for Kindergarten students.

SHIP (Statewide Health Improvement Program): The Le Sueur – Waseca Community Health Board (CHB) collaborated with the Brown – Nicollet CHB to apply for the SHIP 3.0 grant. This four county project was funded with a \$100,000 Planning grant effective November 1, 2013 through June 30, 2014 and a \$317,334 Implementation grant effective July 1, 2014 through October 31, 2015. The purpose of the planning grant was to rebuild capacity and hire staff (both CHBs were funded for SHIP 1.0 but did not receive funding for SHIP 2.0), reorganize the Community Leadership Team and complete a Community Health Needs Assessment. An overall project coordinator was hired for the four county project and each county hired SHIP staff to support the work locally. Le Sueur – Waseca CHB is sharing a 0.5 FTE Community Health Specialist between the two counties. Strategies to reduce obesity and tobacco include Healthy Eating, Active Living, Worksite Wellness and Tobacco Free Living.

2014 Financial Summary (all Public Health programs combined)

Expenditures:	\$2,030,735
Revenues (federal and state grants, fees, contracts):	\$1,708,763
County Tax funds needed to operate:	\$321,972



Le Sueur County Public Health Staff 2014