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# **Le Sueur County, MN**

**Tuesday, July 15, 2014**

**Board Meeting**

## **Item 3**

**9:15 AM Human Services Update (1 hour)**

**Staff Contact: Sue Rynda**



# Department of Human Services

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## Human Services Board Agenda July 15<sup>th</sup> ,2014 @ 9:05 a.m.

### 100- PRESENTATIONS:

- 110 - South Central Community Based Initiative Improve Group Survey Results

### 200- INFORMATIONAL ITEMS:

- 210- Finance Graphs/Report;
- 220- Income Maintenance/Child Support Graphs;
- 230- Family Services Graphs-
  - 231- Social Services Team
  - 232- Child Services Team
    - 232.1- Out Of Home Placement Report
    - 232.2- In-Home Family Therapy Report;
  - 233- Behavioral Health Team

### 300- BOARD APPROVAL ITEMS:

- 310 - Commissioner's Warrants

# South Central Community Based Initiative

OUR SERVICES ARE INCREASING **SAFETY** AND  
**QUALITY OF LIFE** IN OUR COMMUNITY



Case management



Social Recreation Centers



Psychiatry



Community Nurses



Crisis Services



## Case management

Research shows a strong relationship between case management and reduced recidivism (hospital readmission). Participants with case management had much fewer **hospital visits** and much shorter **hospital stays** than participants without case management.

Case managers are most helpful in supporting SCCBI participants\* to:

Improve my overall quality of life	98%
Access the mental health services I need	97%
Feel safe and stable	94%

*"(The most helpful service would) probably be **case management**. The personal connection. She took time to check in on me. She never made promises she couldn't keep...**It was that connection and (feeling) that you're valuable and supported and encouraged.**" - SCCBI participant*



## Social Recreation Centers

*"I didn't have all of the services before and I was in the hospital a lot more. (My **social recreation center**) has a lot to do with that. The socialization, the different things that go on during the weeks, like what I participate in, my focus is a lot better. **I can focus more on things that are helping and I can continue to do those things.** The hospital isn't working so good, so the services I receive I know for sure are keeping me out of there and keeping me stable. - Social Recreation Center member*

Social Recreation Centers are most helpful in supporting SCCBI participants\* to:

Enjoy life by experiencing more positive feelings	95%
Spend time doing things that are important to me	94%
Improve my overall quality of life	94%

Research indicates that prior to Social Recreation Center membership, individuals were almost five times more likely to be hospitalized for psychiatric reasons than they were after becoming active members.

Funded by the SCCBI Adult Mental Health Services Initiative Grant

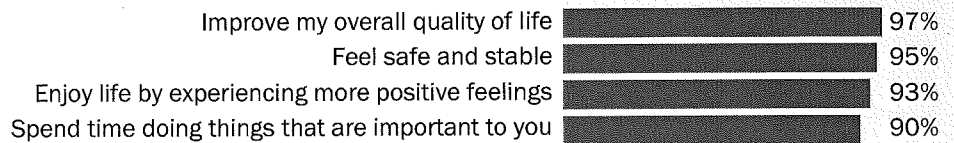
\*Percentages reflect responses to the 2014 SCCBI Participant Survey

# South Central Community Based Initiative



## Psychiatry

Psychiatry is most helpful in supporting SCCBI participants\* to:



*"My medication management with my psychiatrist has probably been the major factor in me not getting hospitalized." - SCCBI Participant*

*"(My psychiatrist) asked if there was something else that we could try so I could get more healthier...I think that made the difference, knowing that I could ask him and he was honest with me..." - SCCBI Participant*

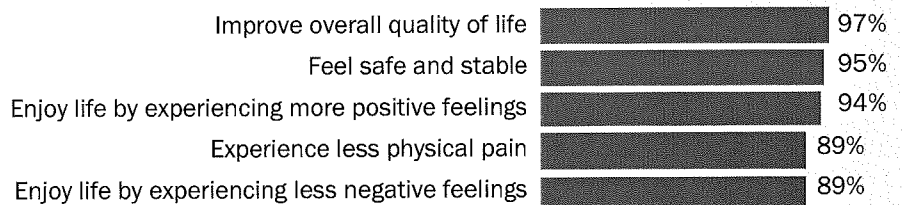




Research shows that for many individuals with Serious Mental Illness, **non-adherence to psychotropic medication** is associated with **violence, substance abuse, hospital recidivism and higher costs.**



## Community Nurses

Community nurses are most helpful in supporting SCCBI participants\* to:



Community nursing was ranked as the top service —  for supporting people to experience less physical pain and as a top service in supporting people to improve their overall quality of life. 

*"Really looking at life in general, whether it is good or bad, the bad doesn't stay as long. Not that it doesn't come, it's just not as long." - SCCBI participant*



## Crisis Services

Minnesota Department of Human Services states crisis services:

1. divert some people from unnecessary hospitalization, and
2. "support recovery for clients who can be served by local providers who are well-integrated with local recovery support services."

*"If the crisis center wasn't available, and if my therapist hadn't spoken to the police officer, they would have put me somewhere and it wouldn't have been good. I was not in a safe place mentally or physically." - SCCBI participant*

*"Without the use of the crisis center, I don't know where I would be but it would be very bad." - SCCBI participant*

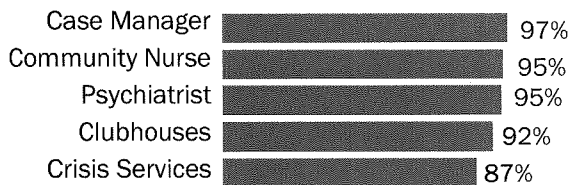
# South Central Community Based Initiative

## SCCBI HELPS PEOPLE STAY SAFE AND STABLE AND AVOID COSTLY HOSPITALIZATIONS



Nearly 100% of SCCBI participants said that SCCBI helps keep them safe and stable.

SCCBI participants\* said that all services are helpful in keeping them safe and stable.



Which SCCBI is most helpful in keeping you safe and stable?



*"I can't really say which one. They all play a role. With everything taken together I have done a lot better. (My hospitalizations) have been getting less and less and I think that is due to it all put together."*

-SCCBI consumer



In 2013 there were 7 times fewer 72 hour holds for people who had a case manager than for those who did not have a case manager.

Total number of 72 hour holds in SCCBI counties in 2013 = 790

13%

87%

Had case manager

Did not have case manager

## SCCBI SAVES OUR COMMUNITY MONEY

According to the 2010 Clubhouse Survey,  
Clubhouse attendance prevented  
169 hospitalizations.

Cost savings =  
between \$1.7 million (169 hospitalizations at  
CBHH - St. Peter) and  
\$5.2 million (169 hospitalizations at Mayo  
Clinic - Mankato)

For each person diverted from an inpatient psychiatric hospitalization at:



Anoka RTC, there is a cost savings of \$76,000.



= \$76,000



CBHH-St. Peter, there is a cost savings of \$31,000.



= \$31,000



Mayo Clinic - Mankato, there is a cost savings of \$10,000.



= \$10,000



the Crisis Center, there is a cost savings of \$2,700.



= \$2,700



*"I didn't have all of the services before and I was in the hospital a lot more. The hospital isn't working so good, so the services I receive I know for sure are keeping me out of there and keeping me stable."*

- SCCBI participant

Last year there were 240 SCCBI  
telepsychiatry appointments.

Using telepsychiatry in place of face-to-face  
appointments saved \$24,000.

Funded by the SCCBI Adult Mental Health Services Initiative Grant

\*Percentages reflect responses to the 2014 SCCBI Participant Survey