City of Grand Island

Tuesday, October 24, 2006
Council Session

Item G15

#2006-323 - Approving Nebraska Children & Families Foundation Continuation Grant Application

Staff Contact: Joni Kuzma

Council Agenda Memo

From: Joni Kuzma, Community Development

Council Meeting: October 24, 2006

Subject: Nebraska Children & Families Foundation **C**ontinuation Grant Application

Item #'s: G-15

Presente r(s): Joni Kuzma, Community Development Specialist

Background

The City of Grand Island is applying for a grant from the Nebraska Children and Families Foundation (NCFF) to fund Family Preservation and Support activities. The City has applied for and received this grant annually since 1997. The Community Youth Council (CYC) was formed prior to receiving the first grant in 1997 to provide programs/services that prevent the use of drugs, alcohol, and tobacco within communities and promote healthy life choices for adolescents. The grant originally funded a full-time Community Youth Council coordinator who facilitated multiple programs throughout the community and disbursed grant funds to specific programs (Youth Leadership Tomorrow, Youth Congress, Neighborhood Associations, TeamMates, and others.) During the past few years, the Community Youth Council position has been absorbed by existing City staff members and grant funds disbursed to two programs, Youth Leadership Tomorrow and the Multicultural Coalition. Wendy Meyer-Jerke, City of Grand Island Public Information Officer, is the current CYC coordinator.

Discussion

The City is applying for $25,000 in funds for the grant period, January 1, 2007 - December 31, 2007. The $25,000 request will include funding for the Multicultural Coalition, Youth Leadership Tomorrow, grant administration and supplies for the Community Youth Council. If awarded, the majority of grant funds will be used to pay monthly rent ($700) for the Multicultural Coalition and for program costs for Youth Leadership Tomorrow. An award letter and contract will be sent to the City from NCFF sometime between December 2006 and March 2007 that will need to be signed by the Mayor to accept the grant.

ALTERNATIVES

It appears that the Council has the following alternatives concerning the issue at hand. The Council may:

1. Approve the grant application and authorize the Mayor to sign all related documents
2. Refer the issue to a Committee.
3. Postpone the issue to a later date.

Recommendation

City Administration recommends that the Council approve the grant application and authorize the Mayor to sign all related documents.

Sample Motion

Motion to approve the grant application and authorize the Mayor to sign all related documents.

Nebraska Children
AND FAMILIES FOUNDATION

ANNOUNCES FUNDING AVAILABLE FOR COMMUNITY FAMILY PRESERVATION AND SUPPORT CONTINUATION GRANTS

This announcement is a formal request for proposals from current Nebraska community grantees that are on a January – December granting cycle from NCFF.

Communities needing support and funding for systems development and implementation of community based programs that focus on the preservation or support of families.

ANNOUNCEMENT MADE:
OCTOBER 2, 2006

APPLICATION DEADLINE:
NOVEMBER 10, 2006

All inquiries should be made to:
Nebraska Children and Families
215 Centennial Mall South, Suite 200
Lincoln, NE 68508
Phone: (402) 476-9401, Fax: (402) 476-9486

All information, policies, forms and guidelines are available on the Nebraska Children and Families Foundation's web site at www.NebraskaChildren.org

THE NEBRASKA CHILDREN AND FAMILIES FOUNDATION

NEBRASKA VISION:

We envision a Nebraska where children and families of all cultural backgrounds live in safe, supportive environments, providing opportunities for all to reach their full potential and participate as valued members of their community.

PRIORITIES FOR THIS FUNDING ANNOUNCEMENT:

- PROGRAMS FOR FAMILIES AT RISK OF ENTERING THE STATE CHILD WELFARE SYSTEM - Programs/services should focus on preventative measures and outcomes for families at risk of entering the State Child Welfare System. Services to families should demonstrate strength-based strategies which engage, assist and support both fathers and mothers (when appropriate). Communities are encouraged to adopt an evidence-based model of primary and secondary prevention services. The application should include descriptions of the following:
    - The target population which includes families entering the child welfare system or at-risk of entering the child welfare system.
    - Specific strategies to meet the needs of the target population.
    - The process that will be used to identify families in need of services and to assist them in accessing services.
- HOME VISITATION PROGRAMS FOR NEW PARENTS –Home visitation programs should focus on parents and children during the child's first two years of life. Programs should be aimed at improving the home environment and promoting positive child and family development. As a result, a broad array of positive outcomes for children and families can be achieved (e.g. health care, self-sufficiency, family strengthening and prevention of child maltreatment). The application should include the following descriptions:
    - Specific strategies that engage both parents in home visitation programs.
    - Home visitation services that are conducted by trained personnel who provide information, support, and/or training regarding child health, development and care.
    - Communities are encouraged to adopt evidence -based model such as Healthy Families America for applications submitted in response to this funding announcement. Information on Healthy Families America can be accessed at the following website: www.healthyfamiliesamerica.org. Applications based on other evidence-based models will also be considered.
- EARLY CHILDHOOD INITIATIVES – Initiatives should focus on improving outcomes and preventive measures for children 0-5 years old. Designing and implementing creative systems of services that will strengthen and enhance the educational, developmental, and social and health aspects of children and their families, including families with children in foster care, in their communities. Services to families should be directed at both fathers and mothers and strategies identified to engage both parents in programs.
- PREVENTION OF SUBSTANCE ABUSE IN ADOLESCENTS – Programs/services should focus on prevention for targeted populations. Designing and implementing creative systems of services that will prevent the use of drugs, alcohol and tobacco within communities and promote healthy life choices for adolescents.
- CHILD ABUSE PREVENTION – Programs/services should focus on the prevention of abuse and neglect. Designing and implementing creative, community based systems of services that will prevent abuse of children. Services to families should be directed at both fathers and mothers and strategies identified to engage both parents in programs.

ELIGIBLE APPLICANTS:

NCFF only considers requests from communities in Nebraska. The intent is to fund groups at the level where system change is most likely to occur. The level of change may be a group of counties, a single county, a community, a tribe, or an urban neighborhood. Applications must come from a collaborative effort and not from a single organization.

Eligible applicants may or may not be a 501(c) 3 collaborative; however, in the case that the applicant is not, the collaborative must utilize an existing 501(c) 3 or a unit of government (this includes tribal governments), as its fiduciary/financial agent.

SIZE OF GRANT AWARDS:

Applicants are encouraged to focus on activities and projects that are likely to produce measurable results and lasting changes for children, families, and communities.

RFP PROCESS AND TIMELINES:

The original application and four copies are to be submitted by **5:00 P.M. on Friday, NOVEMBER 10, 2006** to Grant Review Committee, Nebraska Children and Families Foundation, 215 Centennial Mall South, Suite 200, Lincoln, NE 68508. The applications will be reviewed and decisions will be made about programs to be funded by DECEMBER 15, 2006. Letters of Agreement will be in place and grant awards made by JANUARY 1, 2007.

GENERAL REVIEW PROCESS:

Applications will be evaluated using a weighted point system. This system, and the points assigned, is included in this RFP in the Application Format section. Review teams will be established to review applications and to make recommendations to the Foundation's Board of Directors regarding applications to be funded.

Generally, evaluation of applications will follow these criteria:

- Consistency with the priorities of the Foundation.
- Collaborative spirit.
- Organizational capacity.
- Ability to leverage other funds.
- Use of data to identity needs and areas of focus.
- Clarity about desired results.
- Geographic areas to be targeted by the Foundation. These criteria will be assessed based upon the Foundation's research of statewide, but geographically specific risk factors.

APPLICATION PACKET:

Please use the 2006 Application Guidebook for Implementation Grants that is found on the NCFF website at www.NebraskaChildren.org or is attached to this email. Please note that the application format has changed. Any applications received that are not received in this new format may be returned to the applicant for further information. To request an application to be mailed, please call (402) 476-9401.

QUESTIONS ON THE APPLICATION FORMAT OR PROCESS:

Please call (402) 476-9401 or email kcantrell@nebraskachildren.org with any questions regarding the application format or process.

SUBMITTING GRANT APPLICATIONS:

The original application and four copies are to be due by **5:00 P.M. on Friday, NOVEMBER 10, 2006** to:

Grant Review Committee
Nebraska Children and Families Foundation
215 Centennial Mall South, Suite 200
Lincoln, NE 68508

NEBRASKA CHILDREN AND FAMILIES FOUNDATION
APPLICATION FORMAT FOR IMPLEMENTATION GRANTS

It is requested that applicants use this format for submitting their Implementation Grant Applications to the Foundation. The 2006 Application Guidebook for Implementation Grants is available on the NCFF website at www.NebraskaChildren.org

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Please attach a one-page project abstract describing the program and its foreseen outcomes.

SECTION I:

A. Identify collaborative partnership and describe its capacity. *(Section 3.3, Step 1)*
   - Identify percentage of minorities within the collaborative partnership.
   - Identify percentage of parents within the collaborative partnership.
   - **For continuation grants**, please describe how funds have been used to increase collaboration and its impact on the community.

B. Describe community planning efforts and to what extent the resulting plans impact your application including:
   - Results of community strengths and needs assessments *(Section 3.4, Step 2)*
   - Your community vision statement *(Section 3.5, Step 3)*

C. Identify all persons who will be involved in the vision accomplishment. *(Section 3.6, Step 4)*

D. Identify outcomes to be addressed. *(Section 3.7, Step 5)*

E. Describe your program design and strategies and how they will accomplish your expected outcomes. *(Section 3.8, Step 6)*
   - **For continuation grants**, provide a summary of outcome data.

F. Evaluate progress on outcomes. (Section 3.9, Step 7)

G. Describe ways your project relates to the Foundation's six in-house initiatives (if applicable) and priority areas (required). Also describe potential areas of collaboration. *(Section 3.10, Step 8)*

In-House Initiatives:
- **Prevent Child Abuse Nebraska**
- **Nebraska Fatherhood Initiative**
- **Community Learning Center Network**
- **Foster Youth Initiative**
- **Youth Development Project**
- **Weigh-Cool**

Priority Areas:
- **Programs for Families at Risk of Entering the Child Welfare System**
- **Home Visitation Programs for New Parents**
- **Early Childhood Initiatives**
- **Prevention of Substance Abuse in Adolescents**
- **Child Abuse Prevention**

POINT VALUE: 70

SECTION II:

A. Provide your plan for ensuring diversity and equity. *(Section 3.11, Step 9)*

B. Provide a budget. *(Section 3.12, Step 10)*

C. Provide a budget narrative. *(Section 3.13, Step 10a)*

D. Describe your plans for leveraging funds and include a description of the leveraged funds. *(Section 3.14)*
   a. **For continuation grants**, what sources and amount of other funds have you been able to leverage as a result of grant funding from Nebraska Children?
   b. **For continuation grants**, please describe barriers you have experienced in obtaining other sources of funding for your program. Do you anticipate obtaining sufficient funding to sustain your program in the next year?
   c. **For continuation grants**, what will be the impact on children, families or your community if your grant from Nebraska Children is not renewed?
   d. **For continuation grants**, what lessons have you learned since implementing this program and how has this information been used to improve your program?

E. Describe the roles and responsibilities of key personnel including a job description. Also, please describe how the staff for this project reflects the population to be served. *(Section 3.15)*

POINT VALUE: 30

TOTAL POINT VALUE: 100

Nebraska Children
AND FAMILIES FOUNDATION

APPLICATION GUIDEBOOK FOR PROGRAM IMPLEMENTATION GRANTS

Date of Publication:

February 2006

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1. INTRODUCTION

1.1 HISTORICAL BACKGROUND

In 1993, the Family Preservation and Support Services Act was signed into law as part of the Omnibus Budget Reconciliation Act. Funds were made available to states to serve as a catalyst to help communities find innovative, collaborative ways to deliver services that would promote healthy families and keep children safe. The funds were designed to create and enhance two kinds of locally based projects: family support networks on behalf of all families to increase family well-being, and family preservation programs geared to families in crisis who have children at risk for maltreatment and/or children with disabilities. The goal of the act was to increase the capacity of all families to nurture their children. It was predicated on the belief that families who receive support are more capable of supporting themselves and their children; and that respect for parents is vital in the delivery of services.

The legislation recognized that we have a responsibility to provide for the safety of children. It was intended to insure that systems are designed to allow all families access to the services they need and that these services would be built upon the strengths of the families. It anticipated the incorporation of a localized process that would utilize the strengths within a neighborhood, city, county, and/or region to address the needs of families and children in their local areas.

Funding the first year was to be used to develop a state plan to improve outcomes for children and families. The Governor's Commission for the Protection of Children took the lead in developing a plan for the State of Nebraska. This planning process included broad-based input from citizens across the State about the outcomes that were desired, strategies to meet those outcomes and identification of priorities. This state plan, which was updated in June of 1999, is called the Nebraska Family Preservation and Support Program Five-Year Plan. It serves as the foundation for which communities can model and create projects.

Under this plan, the Nebraska Children and Families Foundation makes assistance to communities available. The Nebraska Department of Health and Human Services contracts with the Foundation to administer the Family Preservation and Support components of the Promoting Safe and Stable Families Program. This assistance includes support and technical assistance to communities as they plan, develop, and evaluate Family Preservation and Support projects.

1.2 FAMILY PRESERVATION AND SUPPORT FIVE-YEAR PLAN HIGHLIGHTS

1.2.1 NEBRASKA VISION

We envision a Nebraska where children and families of all cultural backgrounds live in safe, supportive environments, providing opportunities for all to reach their full potential and participate as valued members of their community.

1.2.2 VALUES-OPERATING PRINCIPLES OF FAMILY PRESERVATION AND SUPPORT PROGRAM

- Families present themselves in a variety of compositions for many purposes and should be supported and served accordingly.
- Children and families are valued for their unique capacities, experiences, and potential.
- Families have the right and responsibility to make decisions on behalf of their children and themselves.
- Children and families have a positive self-concept that enhances their ability to reach their full potential by developing quality life skills.
- Communities are enhanced by recognizing and honoring the diversity of the people who live in them.
- Families make the best choices when they have comprehensive information about all of the services provided in their communities.
- Creative, flexible, and collaborative approaches to service delivery allowing for individual child, family, and community differences.
- Communities respect and value families' spirituality and beliefs.

1.2.3 OUTCOMES FOR NEBRASKA'S CHILDREN, FAMILIES, AND COMMUNITIES

Children

- Children who are safe and healthy are growing, developing, and interacting with their environment in positive ways.
- Children and youth who are safe and healthy are making contributions to improve their community's quality of life.

Families

- Parents who take an active role in the physical, mental, emotional, and social aspects of their children's lives are making responsible decisions and modeling healthy behaviors in their own lives.
- Parents who are taking the necessary steps to create a safe and healthy environment for their children are linking with community service networks.

Communities

- Communities that are safe and nurturing are demonstrating effective practices that promote health, safety, economic security, and well being for families.
- Communities that are safe and nurturing support families as they better position themselves to promote health, safety, economic security, and well being for their children.
- Communities who value the diverse backgrounds of all families and children find avenues to involve families in meaningful ways in the life of the community.
- Communities who value the importance of secure family attachments for children in state care or who are at risk of out of home placement, channel community resources and promote strategies which move children into permanent families.

1.3 PRIORITIES FOR COMMUNITY GRANT AWARDS

- PROGRAMS FOR FAMILIES AT RISK OF ENTERING THE STATE CHILD WELFARE SYSTEM. – This program/service should focus on preventative measures and outcomes for families at risk of entering the State Child Welfare System through designing and implementing programs and services that will support and assist families. Services to families should demonstrate strength-based strategies which engage both fathers and mothers when appropriate. Communities are encouraged to adopt a research-based model of primary and secondary prevention services. The following descriptions should be included:
  - Families entering the child welfare system or at-risk of entering the child welfare system.
  - Specific strategies to meet the needs of the target population.
  - The process that will be used to identify families in need of services and to assist them in accessing services.
- HOME VISITATION PROGRAMS FOR NEW PARENTS – Research studies have demonstrated the effectiveness of home visitation programs in promoting a broad array of positive outcomes for children and families in such areas as health care, self-sufficiency, family strengthening and prevention of child maltreatment. Based on this research, home visitation programs for parents and children during the child's first two years of life aimed at improving the home environment and promoting positive child and family development will continue to be a priority for Nebraska Children's 2006 grant awards. Services to families should be directed at both fathers and mothers and strategies identified to engage both parents in programs. Home visitation services funded through this Request for Proposals are to be provided by trained personnel who provide some combination of the following: information, support, or training regarding child health, development and care. Communities are encouraged to adopt a research-based model such as Healthy Families America for applications submitted in response to this funding announcement. Information on Healthy Families America can be accessed at the following website: www.healthyfamiliesamerica.org. Applications based on other research-based models will also be considered.
- EARLY CHILDHOOD INITIATIVES - A focus on improving outcomes and preventive measures for children 0-5 years old. Designing and implementing creative systems of services that will strengthen and enhance the educational, developmental, social and health aspects of children and their families, including families with

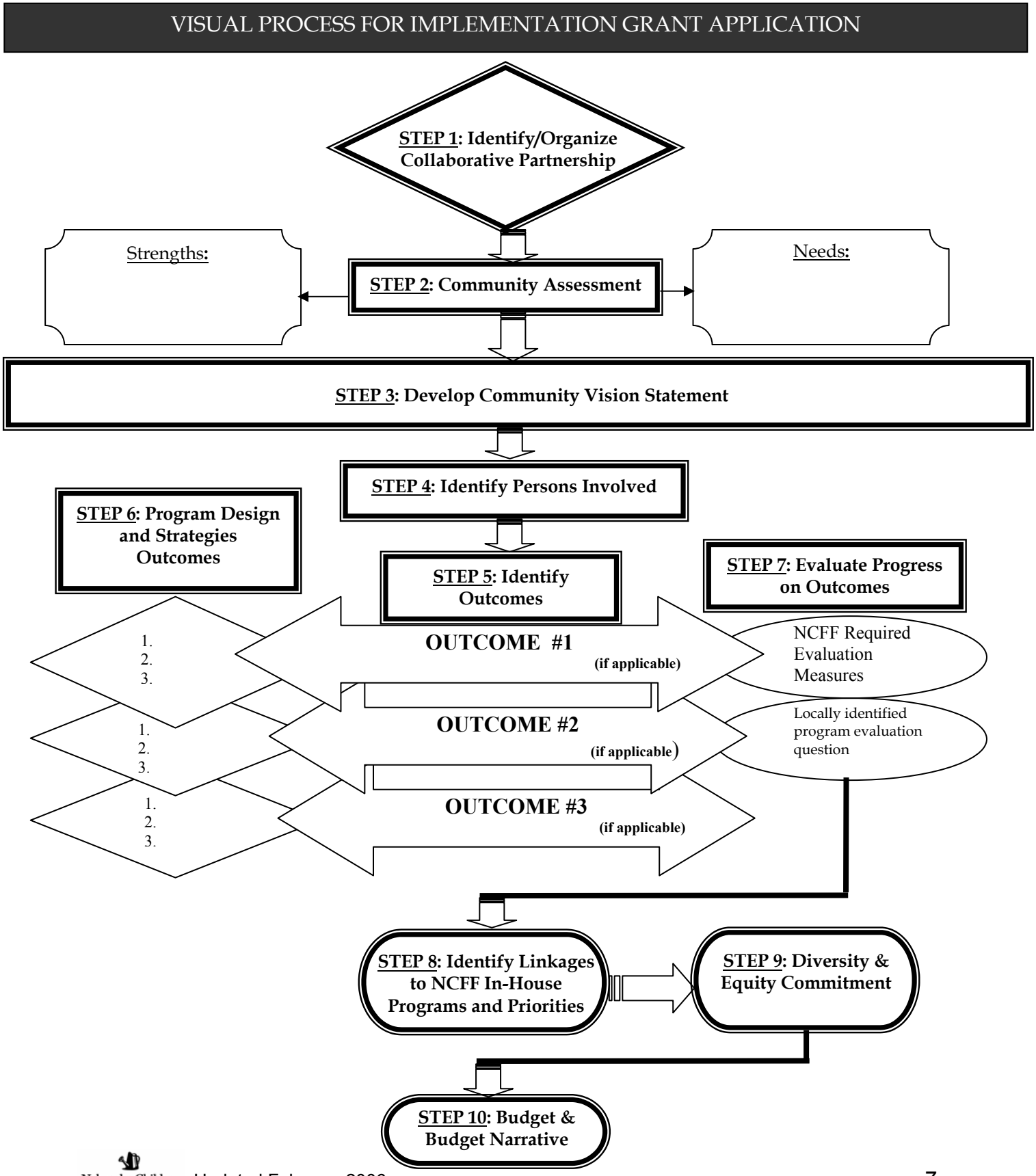
children in foster care, in their communities. Services to families should be directed at both fathers and mothers and strategies identified to engage both parents in programs.

- PREVENTION OF SUBSTANCE ABUSE IN ADOLESCENTS - A focus on prevention for targeted populations. Designing and implementing creative systems of services that will prevent the use of drugs, alcohol and tobacco within communities and promote healthy life choices for adolescents.
- CHILD ABUSE PREVENTION - A focus on the prevention of abuse and neglect. Designing and implementing creative, community based systems of services that will strengthen families to prevent abuse of children. Service to families should be directed at both fathers and mothers and strategies identified to engage both parents in programs when appropriate Circle of Parents, mutual support and self-help parent programs are included under this priority. Community support and resource information on such topics as parenting, child development, appropriate discipline, healthy family relationships, etc. that create, support and strengthen healthy family and child development are all a part of these groups.

1.4 NEBRASKA CHILDREN AND FAMILIES FOUNDATION IN HOUSE PROGRAMS

- **Prevent Child Abuse Nebraska**, a chartered chapter of Prevent Child Abuse America which is committed to preventing and eliminating child abuse and neglect
- The **Nebraska Fatherhood Initiative**, to raise awareness of the importance of meaningful involvement of fathers in the lives of their children
- The **Community Learning Center Network**, to promote school-based services aimed at improving student learning, strengthening families and building strong communities
- The **Foster Youth Initiative**, to support youth as they transition from foster care to independent living
- The **Youth Development Project**, to involve youth in leadership opportunities and to increase youth involvement in communities
- **Weigh-Cool,** to address the problem of childhood obesity

1.5 VISUAL PROCESS FOR IMPLEMENTATION GRANT APPLICATION



2. STEPS FOR PROGRAM IMPLEMENTATION GRANTS

2.1 COVER SHEET

Purpose is to collect information needed in order to maintain contact with grantees and also to assist the grantee in recording the completion of required forms.

2.2 PROJECT ABSTRACT

Purpose is to provide the grant reviewer with a clear description of the who, what, when, where and why's of the proposed project.

2.3 STEP 1: IDENTIFY/ORGANIZE COLLABORATIVE PARTNERSHIP

A collaborative partnership is a **mutually beneficial** and **well-defined relationship** entered into by two or more organizations to **achieve common goals**. Collaborative partnerships demonstrate a high level of involvement by partners through the dedication of resources (personnel, in-kind, and financial), and the willingness to collectively leverage resources toward a common project. Collaborative partnerships may be focused on different areas of development based on the needs of the community. However, all collaborative partnerships are characterized by a shared vision, a commitment to change, including systems change, open sharing of quality information, equitable decision making process, mutual respect and an open willingness to resolve conflicts. While collaborative partnerships may be formed with a small number of organizations or interested parties, by nature they are open and inclusive. The collaborative partnership needs to be inclusive and diverse. Consumer representation of the collaborative partnership is required. Identify the percentage of minorities within the collaborative partnership as well as the percentage of parents within the collaborative partnership.

If this is a continuation grant application, please describe how Nebraska Children funding has been used to increase community coordination/collaboration and the impact on the community, e.g. improved access to services, reduction in duplication of services, identification of new service needs, pooling of funds to support a community project/program, etc.

2.4 STEP 2: IDENTIFY COMMUNITY STRENGTHS AND NEEDS

Purpose is to help the community decide which outcomes are the most appropriate to address based on the existing resources and needs of the community. Communities are encouraged to research and utilize existing community needs assessments that are appropriate to their project. If your community has developed a community plan, **please attach a copy of it to the application**. If an appropriate community needs assessment does not exist, please use the following guidance for completing an assessment."

Means of Assessment may include review of existing community services, using checklists and community assessment instruments in review of existing data related to child and family well being, as well as community focus groups and key interviews to collect data.

2.5 STEP 3: DEVELOP COMMUNITY VISION STATEMENT

Purpose is to describe a desired end result for the future. For example, using the early childhood education priority, above, a part of a community vision statement might include the following "and all children 0-5 years old will have the opportunity to experience quality early childhood education".

2.6 STEP 4: IDENTIFY ALL PERSONS INVOLVED IN VISION ACCOMPLISHMENT

Purpose is to assist the Collaborative Partnership in addressing the community vision. Thus, it is critical to identify all the partners that the program will interact with directly in carrying out the vision.. For the community, the question is asked, ***"Who needs to participate in our community in order for this outcome to be achieved?"*** The answer to this question should include the ***project consumers*** (beneficiaries of the project), the ***staff***, (the

implementers of the project), and the ***community partners*** (the catalysts and gatekeepers of the project who might include such groups as county commissioners, administrators of various programs, etc.)

2.7 STEP 5: IDENTIFY OUTCOMES TO BE ADDRESSED

Purpose is to define the program outcomes for which you will be accountable. ***Outcomes*** are goals expressed as an idealized statement of a program's intended effects on the person or population that will be reached for its most successful cases. Outcomes should be written in a way that provides a clear picture of what the sustained change in behaviors or status of the individuals. (See Appendix A: Examples of Completed Outcomes and Strategies).

2.8 STEP 6: DEVELOP PROGRAM DESIGN AND STRATEGIES TO ADDRESS OUTCOMES

Purpose is to describe how the project work will be conducted in order for the outcomes to be achieved. You may ask: What will you do to achieve the desired results? It is important for your program to research what types of program approaches have been shown to be effective for your targeted outcomes. The Collaborative Partnership, using all available information from the community and the identified outcomes, as well as national data and model information, will identify strategies to accomplish each identified outcome. These strategies clarify HOW the program is going to carry out the work to accomplish the goal. For example, a strategy to empower youth in making good life choices might be to implement a mentor program. The Mentor Program is the strategy to reaching the goal. You will need to further describe the specific activities/steps related to this strategy (e.g., (a) a process will be developed to recruit mentees; (b) a six week mentor training will be completed, (c) mentors will meet with their mentees for weekly for hourly sessions, etc.).

Other examples of strategies may include such things as:

- A program that will promote adult role modeling and will introduce the youth to acceptable community values.
- A program that will rescue first offender youth from the justice system and give them meaningful experiences in positive community life, character building, respect, and citizenship.
- A program that will teach new parents appropriate child rearing practices and give them meaningful information about the growth and development of their children.

If you know a specific program (at this time) that you want to explore/develop/implement, you can list it and describe how you will transfer the program to your community.

For each strategy we want you to describe rationale for choosing this strategy by summarizing the research evidence and/or present program data from previous work that suggests that this is strategy was effective. For example if you are using previous program data you should answer the question, "What results has your program achieved for children, families and your community? (Include numbers and outcome data)

If this is a continuation grant application, please provide a summary of outcome data for your program.

2.9 STEP 7: EVALUATE PROGRESS ON OUTCOMES

The Nebraska Children and Families Foundation evaluation requirements are outlined in the Grant Reporting and Evaluation Guidebook. In this section of the grant, please provide a written acknowledgement that you agree to complete all NCFF evaluation requirements. Identify at least one local evaluation question that you would like to exam during year one of the grant.

Note: Barbara Jackson and Lisa St Clair, program evaluators at Munroe-Meyer Institute will work with your program to assist in the development of the local evaluation plan. Detailed plans do not need to be part of this application.

2.10 STEP 8: PROGRAM'S LINKAGE TO NCFF'S IN-HOUSE PROGRAMS AND PRIORITY AREAS

Describe how your project relates to the Foundation's six in-house initiatives (if applicable) and priority areas (required). Identify potential areas of collaboration between NCFF and your proposed project.

IN HOUSE INITIATIVES

- ***Prevent Child Abuse Nebraska***, a chartered chapter of Prevent Child Abuse America which is committed to preventing and eliminating child abuse and neglect
- The ***Nebraska Fatherhood Initiative***, to raise awareness of the importance of meaningful involvement of fathers in the lives of their children
- The ***Community Learning Center Network***, to promote school-based services aimed at improving student learning, strengthening families and building strong communities
- The ***Foster Youth Initiative***, to support youth as they transition from foster care to independent living
- The ***Youth Development Project***, to involve youth in leadership opportunities and to increase youth involvement in communities
- ***Weigh-Cool*****,** to address the problem of childhood obesity

PRIORITY AREAS

- Programs for Families at Risk of Entering the State Child Welfare System
- Home Visitation Programs for New Parents
- Early Childhood Initiatives
- Prevention of Substance Abuse in Adolescents
- Child Abuse Prevention

2.11 STEP 9: DIVERSITY AND EQUITY COMMITMENT

All communities in Nebraska are diverse. ***Purpose*** is to identify a plan, which will ensure that the diversity of the community is reflected in **the planning and delivery** of services. The eventual community plan must be equitable and assure that all persons within the service area have equal access to the services. A statement detailing ways in which this will be done is also required. The make-up of the collaborative partnership is key to assuring that diversity and equity are maintained.

A diverse collaborative partnership is a team that includes difference such as:

- Differences in thinking (all do not think alike)
- Differences in people (all do not look alike)
- Differences in solving problems
- Differences defining results

A team that is diverse and sensitive to equity issues will realize a better and more effective product. **Depending upon the community, diversity may include:**

- Ethnic Diversity
- Cultural Diversity
- Racial Diversity
- Socio-Economic Diversity
- Religious Diversity
- Diversity in Life Pursuits and Employment
- Diversity in Family Composition

Equity in service delivery and access may require:

- Special out-reach planning
- Inclusion of diverse populations in service delivery
- Special Training for usual service providers
- A diversity advisory committee
- Location or re-location of service site within a specific area

2.12 STEP 10: BUDGET

Purpose is to develop a projected budget and provide a narrative justification of each budgeted line item. The budget form, which is provided, must be used. If multiple programs are involved in the project, a separate budget form for

each project MUST be completed as well as a total budget for the entire amount requested. This budget form MUST be used. Also required for this section is to describe your plans for leveraging funds and include a description of the leveraged funds.

- PROJECT TITLE – The title of the project from the Cover Sheet. If budget involves multiple projects, the title of the individual program listed on a separate budget form.
- BUDGET AMOUNT - The total amount of Family Preservation and Support funds requested. NCFF makes a three-year commitment of funding for new grant projects contingent upon the program demonstrating sufficient progress in meeting its goals. Requests for funding beyond three years are evaluated based on the results achieved. Funding may be reduced in the fourth and subsequent years of funding. Programs are encouraged to use NCFF funds to leverage other sources of funding to sustain their program.
- BUDGET PERIOD - The period for which funding is requested, for example 07/01/06 to 06/30/07.
- NCFF FUNDING – The total amount of Family Preservation and Support funds requested.
- OTHER FUNDS – The total amount of other sources of funding and that will support the project.
- TOTAL FUNDS – The total combined amount of NCFF Funding and Other Funds.
- PERSONNEL - The title or position of the person employed and the percent of their time spent working on the project (i.e. a full-time support staff might spend only 20% of his/her time on the project, therefore, 20% of their salary would be written into the budget). Personnel include any staff employed by the project, who directly serves in the capacity of this grant award (i.e.: Project Coordinator, Family Advocate, Administrative Support Staff, etc.)
- FRINGE BENEFITS - The amount of benefits to be provided for each position as well as the fringe rate used to calculate these benefits.
- ADMINISTRATIVE EXPENSES – The funds used for office operations of the project such as supplies, telephone, postage, duplicating, etc. (Administrative support staff should be included under personnel).
- TRAVEL – The funds used for local and non-local travel of project personnel. The basis for the calculation as well as the purpose for all travel should be provided. Travel estimates for travel should be based on your institution's current policies – for example, $0.445/mile. (Funds made available for project consumer travel should be considered family support and listed under Other Expenses.)
- EQUIPMENT – Although Foundation grants are not made for the sole purpose of funding capital costs; a limited amount of equipment may be requested. Therefore, equipment includes any major capital outlay used to support the local project and/or any particular agency within the project.
- OUTREACH AND PUBLICITY – The funds used for promotional activities, as well as publicity for the local project or programs associated with the local project.
- CONTRACT/CONSULTANT – The funds used for the provision of services within the scope of this grant (i.e. family advocates contracted through an agency for home visitation, crisis respite, other supports and preservation enhancements, etc.)
- OTHER EXPENSES – Any costs budgeted not included in the above categories, such as technical assistance beyond that provided by the State, or funds provided for consumers that fall outside the categories above.

2.13 STEP 10A: BUDGET NARRATIVE

Purpose is to provide justification of the expenditures listed in the budget by providing a narrative description of each item and a detailed explanation of how these amounts were calculated.

2.14 LEVERAGING FUNDS AND SUSTAINING PROGRAM

Describe your plans for leveraging funds and mechanisms for sustaining your program once grant funds have ended.

If this is a continuation grant application, what sources and amount of other funds have you been able to leverage as a result of grant funding from Nebraska Children?

If this is a continuation grant application, given that Nebraska Children funding is intended as seed money to get programs off the ground, please describe barriers you have experienced in obtaining other sources of funding for your program. Do you anticipate obtaining sufficient funding to sustain your program in the next year?

If this is a continuation grant application, what will be the impact on children, families or your community if your grant from Nebraska Children is not renewed?

If this is a continuation grant application, what lessons have you learned since implementing this program and how has this information been used to improve your program?

2.15 ROLES AND RESPONSIBILITIES OF KEY PERSONNEL

Describe the roles and responsibilities of key personnel including a job description. Also, please describe how the staff for this project reflects the population to be served.

3. GRANT APPLICATION FORMS

3.1 COVER SHEET FORM

NEBRASKA CHILDREN AND FAMILIES FOUNDATION
FAMILY PRESERVATION AND SUPPORT FUNDS
IMPLEMENTATION GRANT APPLICATION COVER SHEET

Project Title:	Collaborative Partnership:	County:

Name of Main Contact Person:	Phone:
Address:	Fax:
City, State, Zip Code:	E-Mail (REQUIRED):

Name of Fiscal Agency:	Phone:
Fiscal Officer:	Fax:
Address:	E-Mail (REQUIRED):
City, State, Zip Code:	

Total Amount Requested:
$

Communities/Counties/Towns to be served:

Which ONE of the program priority areas does this grant address the most?

- ☐ Home Visitation Programs for New Parents
- ☐ Early Childhood Initiatives
- ☐ Programs for Families at Risk of Entering the State Child Welfare System
- ☐ Prevention of Substance Abuse in Adolescents
- ☐ Child Abuse Prevention

Mark items below to verify that each of the required sections are completed and attached:

☐	*Cover Sheet and Project Abstract*	*(See pg. 9, 15-16)*
☐	*Identify/Organize Collaborative Partnership (Step 1)*	*(See pg. 9, 17)*
☐	*Identify Community Strengths and Needs (Step2)*	*(See pg. 9, 18)*
☐	*Develop Community Vision Statement (Step 3)*	*(See pg. 9, 20)*
☐	*Identify All Persons Involved in Vision Accomplishment (Step 4)*	*(See pg. 9, 20)*
☐	*Identify Outcomes to be Addressed (Step 5)*	*(See pg. 10, 21)*
☐	*Develop Program Design and Strategies to Address Outcomes (Step 6)*	*(See pg. 10, 21)*
☐	*Evaluate Progress on Outcomes (Step 7)*	*(See pg. 10, 22)*
☐	*Program's Correlation to NCFF's In-House Programs & Priority Areas (Step 8)*	*(See pg. 11, 22)*
☐	*Diversity and Equity Commitment (Step 9)*	*(See pg. 11, 23)*
☐	*Budget and Budget Narrative (Steps 10 & 10a)*	*(See pg. 11-12, 24-25)*
☐	*Leveraging Funds/Sustaining Program*	*(See pg. 12, 25)*
☐	*Roles and Responsibilities of Key Personnel*	*(See pg. 13, 26)*

Signature of Contact Person:	Date:
Signature of Fiscal Officer:	Date:

3.2 PROJECT ABSTRACT

Provide a brief abstract that highlights the key aspects of your grant proposal. Please use the following questions, if necessary, to assist you in writing an informative abstract:

1. What is the name of the program/project/service?
2. Provide a brief description of this program/project or service.
3. Who will participate in the program and how will they be chosen?
4. How many will be involved? Do they represent a particular section of the community?
5. How often will the services be offered and for how long? When will they start?
6. Are they part of existing services?
7. Who will be delivering the services?
8. Where will the services be offered?
9. Why does your community need these services?
10. What do you hope to accomplish with this project?

3.3 IDENTIFY/ORGANIZE COLLABORATIVE PARTNERSHIP (STEP 1)

List the members of your Collaborative Partnership.

COLLABORATIVE PARTNERSHIP ROSTER				
NAME	AFFILIATION	TITLE	EMAIL ADDRESS	ROLE

Applicants should describe the Collaborative Partnership noting the partners involved, the governing or decision making process and the financial management structure. If the collaboration has a Memorandum of Agreement, or Memorandum of Understanding **please attach it to the application**. Please describe the partnership capacity to achieve outcomes for the project for which funding is being requested including the individual contributions of partners toward the project. Please note any other collaborative projects this group may have undertaken, and the outcomes achieved.

If this is a continuation grant application, please describe how Nebraska Children funding has been used to increase community coordination/collaboration and the impact on the community, e.g. improved access to services, reduction in duplication of services, identification of new service needs, pooling of funds to support a community project/program, etc.

3.4 IDENTIFY COMMUNITY STRENGTHS AND NEEDS (STEP 2)

Describe the process you used to identify strengths and needs. If your community has developed a community plan, **please attach it to the application**.

What were the results of these community strengths and needs assessments?

How does your planned program flow from these needs?

IDENTIFIED COMMUNITY STRENGTHS:	IDENTIFIED COMMUNITY NEEDS:
Source:	Source:
Source:	Source:
Source:	Source:
Source:	Source:

3.5 DEVELOP COMMUNITY VISION STATEMENT (STEP 3)

Develop a community vision statement that describes a desired end result for the future

3.6 IDENTIFY ALL PERSONS INVOLVED IN VISION ACCOMPLISHMENT (STEP 4)

How will the following stakeholders participate and what will their role be in order to accomplish the vision?

Who Are the Stakeholders?	What Are Their Roles?
Project Consumers:	
Staff:	
Community Partners:	

3.7 IDENTIFY OUTCOMES TO BE ADDRESSED (STEP 5)

(See Appendix A: Examples of Completed Outcomes and Strategies.)

Please list all of your outcomes (#1, #2, #3, etc.)

3.8 DEVELOP PROGRAM DESIGN AND STRATEGIES TO ADDRESS OUTCOMES (STEP 6)

Describe your program

Now list your program outcomes from Step 5 below and identify three possible strategies for each. In addition, provide a detailed description under each strategy that explains the specific activities that will be implemented. Add enough detail in the activities/steps so grant reviewers have a complete picture regarding program implementation. Below is provided one outcome/strategy framework. It is anticipated that most programs will have more than one outcome. Please copy the example below to address multiple outcomes.

List outcome(s) from Step 5.

Program Design and Strategies to address outcome(s)

Description of the specific activities that will be implemented.

Describe the rationale for choosing this strategy by summarizing the research evidence and/or present program data from previous work that suggests that this is strategy was effective.

If this is a continuation grant application, please provide a summary of outcome data for your program.

3.9 EVALUATE PROGRESS ON OUTCOMES (STEP 7)

Please provide a written acknowledgement that you agree to complete all NCFF evaluation requirements. Identify at least one local evaluation question that you would like to exam during year one of the grant.

3.10 PROGRAM'S CORRELATION TO NCFF'S IN-HOUSE PROGRAMS AND PRIORITY AREAS (STEP 8)

Please describe which of the Foundation's six in-house initiatives (if applicable) and priority areas (required) your program addresses. Also, identify potential areas of collaboration between NCFF and your proposed project.

3.11 DIVERSITY AND EQUITY COMMITMENT (STEP 9)

Describe what will be done in this project to ensure that the cultural and ethnic make-up of the community will be reflected in the planning and delivery of services.

3.12 BUDGET (STEP 10)

NEBRASKA CHILDREN AND FAMILIES FOUNDATION
FAMILY PRESERVATION AND SUPPORT FUNDS
IMPLEMENTATION GRANT APPLICATION BUDGET FORM

Project Title:	Budget Amount: $	Budget Period: From / / To / /

BUDGET ITEM	NCFF FUNDING	OTHER FUNDS	TOTAL
Personnel			
	$	$	$
	$	$	$
	$	$	$
TOTAL PERSONNEL	**$**	**$**	**$**
Fringe Benefits			
	$	$	$
	$	$	$
	$	$	$
TOTAL FRINGE BENEFITS	**$**	**$**	**$**
Administrative Expenses			
	$	$	$
	$	$	$
	$	$	$
TOTAL ADMINISTRATIVE EXPENSE	**$**	**$**	**$**
Travel			
	$	$	$
	$	$	$
	$	$	$
TOTAL TRAVEL	**$**	**$**	**$**
Equipment			
	$	$	$
	$	$	$
	$	$	$
TOTAL EQUIPMENT	**$**	**$**	**$**
Outreach			
	$	$	$
	$	$	$
	$	$	$
TOTAL OUTREACH	**$**	**$**	**$**
Contract/ Consulting			
	$	$	$
	$	$	$
	$	$	$
TOTAL CONTRACT/CONSULTING	**$**	**$**	**$**
Other Expenses			
	$	$	$
	$	$	$
	$	$	$
TOTAL OTHER EXPENSES	**$**	**$**	**$**
TOTAL BUDGET	**$**	**$**	**$**

3.13 BUDGET NARRATIVE (STEP 10A)

Please provide justification of the expenditures listed in the budget by providing a narrative description of each item and a detailed explanation of how these amounts were calculated.

3.14 LEVERAGING FUNDS AND SUSTAINING PROGRAM

Describe your plans for leveraging funds and include a description of the leveraged funds. Also include how you plan on sustaining your program once grant funds have ended.

If this is a continuation grant application, what sources and amount of other funds have you been able to leverage as a result of grant funding from Nebraska Children?

If this is a continuation grant application, given that Nebraska Children funding is intended as seed money to get programs off the ground, please describe barriers you have experienced in obtaining other sources of funding for your program. Do you anticipate obtaining sufficient funding to sustain your program in the next year?

If this is a continuation grant application, what will the impact be on children, families or your community if your grant from Nebraska Children is not renewed?

If this is a continuation grant application, what lessons have you learned since implementing this program and how has this information been used to improve your program?

3.15 ROLES AND RESPONSIBILITIES OF KEY PERSONNEL

Describe the roles and responsibilities of key personnel including a job description. Also, please describe how the staff for this project reflect the population to be served.

4. APPENDICES

4.1 APPENDIX A: EXAMPLES OF COMPLETED OUTCOMES AND STRATEGIES

CHILD OUTCOME SAMPLE

Outcome: Children who are safe and healthy are growing, developing and interacting with their environment in positive ways**.**

Instructions: For this outcome, please answer the following questions.

1. What are your community needs related to this outcome?
40% of children entering kindergarten are behind developmentally and are not learning at the same rate of their peers.

2. What are the existing assets within your community to build on to meet this outcome?
Head Start, Even Start and community early childhood programs provide developmentally appropriate education in order to support young children's development. Home visitation programs offer developmental screening and supports role in nurturing their children's development.

3. What are your strategies (list no more than 3) for achieving the outcome above?

- The family preservation team will work with Early Childhood Programs within their communities to increase outreach efforts in order to increase enrollment into these local programs.
- The Family Resource Center will conduct three community family workshops that will focus on awareness of appropriate developmental stages and activities that promote children's learning.
- Family preservation teams will work with home visitation programs to increase outreach efforts in order to increase enrollment for family's participation in these programs.

4. Who are your collaborative partners to achieve this outcome?
The collaborative partners for this outcome include: (a) Family preservation team, (b) Even Start, Head Start.

FAMILY OUTCOME SAMPLE

Outcome: Parents who are taking the necessary steps to create a safe and healthy environment for their children are linking with community service networks.

Instructions: For this outcome, please answer the following questions.

1. What are your community needs related to this outcome?
Less than 20% of parents participate as a volunteer in their children's school or after school activities.

2. What are the existing assets within your community to build on to meet this outcome?
Local family center has training for Parents as Partners program – a parent-to-parent training model.

3. What are your strategies (list no more than 3) for achieving the outcome above?

- Utilize "parent to parent" model for training and outreach the new parent volunteers. Use a variety of strategies to recruit parents to the Parent to Parent Program.
- Work in partnerships with the schools to provide more flexible options for parents to volunteer, e.g., including afternoons, evenings and weekends, in the classroom or supporting other school projects. Offer ongoing support to volunteer for problem solving. Document volunteer retention rate as an average length of time that volunteers remain active.
- Develop partnership with the school and a program for volunteer recognition and appreciation.

4. Who are your collaborative partners to achieve this outcome?
Family preservation team, family center staff for parent-to-parent program, school principal, parent-teacher organization.

COMMUNITY OUTCOME SAMPLE

Outcome: Communities that are safe and nurturing are demonstrating effective practices that promote health, safety, economic security and well being for families.

Instructions: For this outcome, please answer the following questions.

1. What are your community needs related to this outcome?
A recent survey indicated that 50% female head of households on TANF who are under 25 years of age have no school diploma or GED. All GED classes are held during the evenings. Limited childcare is available for families during the evenings or day for families.

2. What are the existing assets within your community to build on to meet this outcome?
Our community has 10 GED programs at various locations. All programs are offered free of charge.

3. What are your strategies (list no more than 3) for achieving the outcome above?

- Conduct Needs Assessment to determine what the needs of services are for this population of young women.
- Based on the Needs Assessment identify gaps in services, work with community GED programs, Early Childhood Programs, Public Schools and TANFF Programs to identify an integrated system of support that will increase opportunities for young mothers to participate in GED programs.
- Disseminate information about this new integrated system throughout the community through distribution of brochures at WIC offices, news releases, and mailings.

4. Who are your collaborative partners to achieve this outcome?
TANFF programs, Early Childhood Programs, Public Schools, and Family Preservation Team.

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R E S O L U T I O N 2006-323

WHEREAS, the City of Grand Island, Nebraska, is an eligible unit of a general local government authorized to file an application through the Nebraska Children & Families Foundation for a Continuation Grant to fund Family Preservation and Support activities; and

WHEREAS, the Nebraska Children and Families Foundation is taking applications through November 10, 2006 from current grantees for the continuation of community based services through December 31, 2007; and

WHEREAS, it is recommended that a grant application be submitted requesting $25,000.00 to carry out activities that focus on preservation and support of families; and

WHEREAS, such grant application must be submitted by a municipality, and any grant funding would be paid directly to the municipality for distribution as set out in the grant application and related documents.

NOW, THEREFORE, BE IT RESOLVED BY THE MAYOR AND COUNCIL OF THE CITY OF GRAND ISLAND, NEBRASKA, that the City of Grand Island, Nebraska, is hereby authorized to apply for financial assistance from the Nebraska Children & Families Foundation, for the purpose of providing funding for Family Preservation and Support activities.

BE IT FURTHER RESOLVED, that the Mayor is hereby authorized and directed to execute such grant application and other documentation on behalf of the City of Grand Island for such grant purposes.

- - -

Adopted by the City Council of the City of Grand Island, Nebraska, October 24, 2006.

_____

Jay Vavricek, Mayor

Attest:

_____

RaNae Edwards, City Clerk

Approved as to Form ¤ _____
October 19, 2006 ¤ City Attorney