



# City of Grand Island

Tuesday, May 11, 2004

Council Session

## Item C1

### **Proclamation "Employee Health and Fitness Week" May 16-22, 2004**

*Because most American working adults spend most of their waking hours at work, it is important to focus on employee health and fitness programs. Employee health and fitness is associated with improved productivity and morale, decreased use of health benefits, and decreased employee turnover rates. Mayor Vavricek has proclaimed the week of May 16-22, 2004 as "Employee Health and Fitness Week". See attached PROCLAMATION.*

Staff Contact: RaNae Edwards

THE OFFICE OF THE MAYOR  
City of Grand Island  
State of Nebraska

PROCLAMATION

- WHEREAS, American working adults spend most of their waking hours at work; and
- WHEREAS, employees are essential valued assets at their worksites; and
- WHEREAS, worksite support of employee health and fitness is associated with: improved productivity and morale, decreased use of health benefits and decreased employee turnover rates; and
- WHEREAS, the cost of treating preventable disease is significantly greater than the cost of disease prevention and health maintenance; and
- WHEREAS, employee health and fitness promotion provides a good return on investment; and
- WHEREAS, the City of Grand Island has a significant and rising number of worksites – including major employers – offering opportunities for employee health and fitness enhancement; and
- WHEREAS, employers in the City of Grand Island are joining with others across the county in holding employee health and fitness events during the week of May 18-24, 2003.

NOW, THEREFORE, I, Jay Vavricek, Mayor of the City of Grand Island, Nebraska, do hereby proclaim May 16-22, 2004 as

***“EMPLOYEE HEALTH AND  
FITNESS WEEK”***

in the City of Grand Island.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the City of Grand Island to be affixed this eleventh day of May in the year of our Lord Two Thousand and Four.

\_\_\_\_\_  
Jay Vavricek, Mayor

Attest:

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RaNae Edwards, City Clerk